

# SACRAMENTO SPCA SEPARATION ANXIETY FORM

Dog ID#: \_\_\_\_\_

Dog's Name:

Breed Type(s):

Age:

Sex:

Altered?:

Medical conditions:

How long have you had this dog?:

Is this your first dog as an adult?

SSPCA Animal?

If yes, date adopted:

Case #:

Returned:

If not from the SSPCA, where did you get the dog?

When:

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Where does the dog stay when you are not home:

\_\_\_ Run of house

\_\_\_ Confined (circle: in a room; in a run outside; other \_\_\_\_\_)

\_\_\_ Dog door (house to yard)

\_\_\_ Doggy daycare (# of times/week \_\_\_\_\_)

\_\_\_ Dog Door (garage to yard)

\_\_\_ Crated

\_\_\_ In yard

\_\_\_ Other \_\_\_\_\_

How many hours a day is the dog typically left alone? \_\_\_\_\_

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Exercise:

\_\_\_ Walks

\_\_\_ Dog park

\_\_\_ Runs

\_\_\_ Other \_\_\_\_\_

\_\_\_ Play (circle: tug, fetch, wrestling, chase)

Times a day

Minutes each time

Number of hours/week

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

When did the separaion anxiety start (month/year)?

\_\_\_\_\_

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Please check any/all changes that have occurred in the past 60 days:

\_\_\_ Person moving in/out

\_\_\_ Dog is getting less exercise than before

\_\_\_ New work schedule

\_\_\_ Loss of another family pet



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\_\_\_ Dog being left alone more hours than before

\_\_\_ More stress in household (i.e., finances, child concerns, illness, etc.)

\_\_\_ Moved to a different house

\_\_\_ Other \_\_\_\_\_

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Does your dog display any of the following behaviors?

\_\_\_ Destructive ONLY when left alone

\_\_\_ Dislikes being outside himself

\_\_\_ Follows you from room to room most, or just about all, of the time

\_\_\_ Has caused injury to himself (mouth, paws or other body parts) when left alone

\_\_\_ Frantic greeting behaviors when you come home

\_\_\_ Howls, barks, or whines when left alone

\_\_\_ Reacts with excitement, anxiety or depression when you are preparing to leave the house

For how long? \_\_\_\_\_

\_\_\_ Urinates/defecates when left alone \_\_\_ even in crate \_\_\_ even though dog is housetrained

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If your dog is destructive (chews/scratches/digs) when left alone (you are NOT home)

Please check all that apply

\_\_\_ Furniture

\_\_\_ Doors/doorframes

\_\_\_ Household items

\_\_\_ Windows/blinds

\_\_\_ Dog's own toys

\_\_\_ Carpeting near doors

\_\_\_ Dog's own bedding

\_\_\_ Other \_\_\_\_\_

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Please check any of the following you have tried, and whether or not it helped:

\_\_\_ Punished the dog when you discovered the item that was destroyed \_\_\_ helped \_\_\_ no help

\_\_\_ Got another pet to keep the dog company \_\_\_ helped \_\_\_ no help

\_\_\_ Crated the dog \_\_\_ helped \_\_\_ no help

\_\_\_ Medicated dog for anxiety/destructive behavior \_\_\_ helped \_\_\_ no help

If yes, what medication(s) \_\_\_\_\_

\_\_\_ Took the dog to training classes \_\_\_ helped \_\_\_ no help

\_\_\_ Confined the dog in a small area in the house \_\_\_ helped \_\_\_ no help

