Feline Feelings!
What is Your Cat Saying?

Like dogs, cats use their whole bodies to tell us how they are feeling.

Use the “cat clues” and respect when a cat is saying “please leave me alone.”

Here are some warning signs and what the cat may be feeling:

- **Ears** – flat against head = angry or scared.
- **Eyes** – open wide = scared, or narrow = angry.
- **Mouth** – hissing and showing teeth = angry.
- **Fur** – puffed up fur on back and tail = scared.
- **Tail** – flicking = angry or worried.
- **Body** – low to the ground = worried, or standing tall with back curved up in the air = scared. If the cat is moving away from you give them space.

A cat who tries to bite or scratch isn’t being mean or bad. They don’t want to bite or scratch. They may just be scared, hurt or trying to protect something they love – like their family.

Use your new skills at reading cat clues to help you with the activities on the following pages.

Do you like it when someone tries to pull your hair or poke or tease you? Neither does your pet. If you crowd your pet, or lean over them, or try and hug and kiss them, they might feel trapped and scared. You could get bitten or scratched.

Remember – be gentle, move slowly and speak softly.

If the dog or cat stays close to you and “leans in” for more, that is a happy sign!

How are these cats feeling?

1. _____________
2. _____________
3. _____________
4. _____________
5. _____________

Which of these cats are saying “please leave me alone”?  