



Inside Dog or Outside Dog?

Sometimes people ask if we have an "outside dog" for them.

Sometimes they want a guard dog. But what does a dog guard outdoors? The people and things we value are in the house, and a dog who never gets to come inside probably doesn't even consider it their own territory.

Or sometimes people think that dogs are happiest outside, with fresh air and room to run all the time. But dogs left alone outdoors usually don't enjoy themselves much--they're waiting for company.

There are a lot of reasons to make your dog an inside/outside dog: a dog who gets to come inside to spend time with the family and sleeps indoors at night, and gets exercise and fresh air outdoors when you walk and play together.

- ◆ **Dogs need companionship.** Dogs are pack animals, and that means they need to have the company of their pack members--that's us! Dogs who don't get that socialization are unhappy and can become fearful, anxious, destructive, aggressive, or depressed.
- ◆ **Dogs who live outside all the time are harder to train.** Because dogs who spend all their time outdoors don't develop a strong bond with someone who spends little to no time with them, they're less responsive to training. Dogs learn how we like them to behave only when we take the time to teach them, so dogs who live in the house with the family get more time to learn the house rules.
- ◆ **Backyard dogs have more behavior problems.** Barking, howling, digging, escaping, chewing or destroying things, jumping up or hyperactivity with people, and territorial aggression are all much more common for outside-all-the-time dogs.
- ◆ **Outside dogs don't make good guard dogs.** If you want a dog who'll let you know when someone's coming into the house, you need a dog who considers the house their territory, and a dog who doesn't live inside won't.
- ◆ **Dogs who live outdoors are exposed to more risks.** There's a long list: dogs who escape can be hit by cars or injured by other dogs or people, dogs left in the yard aren't safe from theft or poisoning, dogs whose barking annoys neighbors may incur fines for their owners, dogs who develop behavior problems due to the stress of isolation may be surrendered to an animal shelter or euthanized.

Bring Your Dog Indoors

Your dog should be able to come indoors and spend time with you, as well as sleeping indoors at night. Just being able to spend time in your company will help keep your dog happier and better-behaved. To help your dog become a good house dog, do the following:

- ◆ **Teach your dog what you expect.** Take the time to house-train your dog and provide some basic manners training. See "House Training Your Adult Dog or Puppy" and our Training Classes page on our website at www.sspca.org.
- ◆ **Give your dog plenty of daily exercise and playtime.** A tired-out dog is more likely to want to lie at your feet quietly while you read the paper, for example.
- ◆ **Start your puppy off right.** Puppies need to go outside more frequently than adults for house-training purposes, but puppies need companionship and training just as much or more. Socializing your puppy is the most important thing you can do for them.

For more information on behavior and training for dogs and cats, please visit our web site at www.sspca.org/pet-carebehavior/.